

2026/2027 Ringette BC Female Coach Mentorship Program

An initiative to increase the numbers of female coaches in Ringette, while empowering athletes to give back to their sport community.

Minimum Application Requirements

1. Qualifications

- Current or aspiring female coaches
- Application required
- Confirmation of a Police information Check Vulnerable Sector and Ringette BC Screening & Disclosure Form

2. Attendance & Mandatory Training

- CSI or CI Coaching Course (if not already completed) depending on stream
- Attendance at all virtual and in person training and meetings
- NCCP Making Ethical Decisions
- Respect in Sport for Activity Leaders

3. Assignment

At the time of application, coaches do not need to be assigned to a team. However, once accepted into the program, successful applicants must identify which team they are coaching, and contact information for the Head Coach of their team.

Selection & Assignment

Ringette BC will review applications and select applicants based on experience, commitment to the program and completion of the application form.

The following number of applications will be accepted per region, up to a maximum of 10 participants:

- Lower Mainland Ringette League– 4-6
- Northern Ringette League – 1-2
- Thompson Okanagan Ringette League 2-3
- Island Ringette League – 1

Program Structure

1. Training Sessions

Training Includes:

- Virtual Orientation & Season Planning Session
- Three virtual Canadian Women in Sport Workshops
- 3-4 Virtual Coach Development Sessions with guest coach speakers
- Weekly and monthly coach engagement tasks and challenges
- In-person group sit and shares

2. Team Participation

Participants in the Female Coach Mentorship Program will:

- Attend practices and games as supportive non-lead coaches, and progress into roles with greater ownership of formal coaching duties
- Assist with warm-ups, basic drills, and team routines
- Model good sportsmanship and behavior for athletes
- Have formal and/or informal check-ins with the Head Coach of their team.
- Attend all required training as outlined above

Streams Available

1. Community Sport Introduction – (U12 and below, Community/Club U14, U16, U19)

For coaches interested in coaching at the community level at local club associations, or in the U12 development program

Goal for the season

- Learn how to teach basic ringette skills and strategies through skill progressions
- Enhance basic coaching mechanics
- Plan & run a 30-minute session at practice using a skill progression

Future Goals

After completing the Ringette BC Coach Mentorship Program in the Community stream, coaches will be encouraged to take on roles as assistant or head coaches in these divisions in the future, as well as progress into the Competition Introduction stream if they choose.

2. Competition Introduction (Zone Competitive Division U14, U16, U19)

For coaches interested in coaching at the Zone level where there is an opportunity to attend the Western Canadian Ringette Championships, or in the Excellence Ringette Program

Goal for the season

- Learn how a successful practice is run and planned, that corresponds with a Yearly Training Plan
- Begin to offer specific feedback to athletes on skill development and the implementation of strategy
- Plan & run a 30-minute session at practice using skill progression, and implement a strategy or tactic to be used in a game setting

Future Goals

After completing the Ringette BC Female Coach Mentorship Program in the Competition stream, coaches will be encouraged to take on roles as assistant or head coaches in these divisions in the future. These coaches will also be encouraged, and targeted, to apply for the 2026 BC Winter Games as assistant coaches or Apprentice Coaches through the ViaSport mentorship program.

Review & Supervision

Ringette BC will:

- Host an orientation meeting and season debrief meeting for all Female Coach Mentorship Program participants
- Schedule and provide access to all learning session, quarterly coach development sessions and in person sit and share sessions

Funding

Ringette BC will cover the costs of:

- Materials associated with the Female Coach Mentorship Program
- Coaching course registration fees for participants in their stream of choice