



RESPECT
INTEGRITY
COMMITMENT
TEAMWORK
ATHLETE DRIVEN
EXCELLENCE

Excellence Ringette Development Festival & Team BC Tryouts

West Kelowna, BC - May 8-10, 2026

Royal Lepage & Jim Lind Arenas | Mount Boucherie High School

Rink	Date	Day	Start Time	End Time	Group	Description	Type
MB Gym	8-May-26	Friday	6:00PM	8:00PM	All TBC & Testing	Team BC Tryout/Excellence Development	Off Ice Testing
RLP	9-May-26	Saturday	8:00AM	9:30AM	All TBC & Testing	Team BC Tryout/Excellence Development	On Ice Testing
MB Gym	9-May-26	Saturday	10:00AM	10:30AM	Group 2 -U14 & U16	Team BC Tryout/Excellence Development	Warm-Up (Agility Games)
RLP	9-May-26	Saturday	9:45AM	10:45AM	Group 1 - U12 & U14	Excellence Development	Defensive Tactics
MB Caf	9-May-26	Saturday	11:00AM	11:45AM	Group 1 - U12 & U14	Excellence Development	MPC
RLP	9-May-26	Saturday	11:00AM	12:00PM	Group 2 -U14 & U16	Team BC Tryout/Excellence Development	Defensive Tactics
MB Caf	9-May-26	Saturday	12:15PM	1:00PM	Group 2 -U14 & U16	Team BC Tryout/Excellence Development	MPC
RLP	9-May-26	Saturday	12:15PM	1:15PM	GOALIES		
MB Gym	9-May-26	Saturday	12:30PM	1:00PM	Group 1 - U12 & U14	Excellence Development	Warm-Up (Agility Games)
RLP	9-May-26	Saturday	1:30PM	2:30PM	Group 1 - U12 & U14	Excellence Development	Shooting
RLP	9-May-26	Saturday	2:45PM	3:45PM	Group 2 -U14 & U16	Team BC Tryout/Excellence Development	Shooting
JL	9-May-26	Saturday	5:00PM	6:00PM	Group 1 - U12 & U14	Excellence Development	Passing / Receiving
JL	9-May-26	Saturday	5:00PM	5:15PM	U14 TBC	Team BC Tryout	Mini MPC
JL	9-May-26	Saturday	6:15PM	7:15PM	U14 TBC	Team BC Tryout	Practice
JL	9-May-26	Saturday	6:15PM	6:30PM	U16 / U19 TBC	Team BC Tryout	Mini MPC
JL	9-May-26	Saturday	7:30PM	8:30PM	U16 / U19 TBC	Team BC Tryout	Practice
JL	10-May-26	Sunday	8:00AM	9:00AM	U14 TBC	Team BC Tryout	Scrimmage



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MB Gym	10-May-26	Sunday	9:00AM	9:45AM	Group 1 - U12 & U14	Excellence Development	Warm-Up (Handball - GSIS)
JL	10-May-26	Sunday	9:15AM	10:15AM	U16 / U19 TBC	Team BC Tryout	Scrimmage
RLP	10-May-26	Sunday	10:15AM	11:15AM	Group 1 - U12 & U14	Excellence Development	Man on / GSIS
MB Gym	10-May-26	Sunday	10:15AM	11:00AM	Group 2 -U14 & U16	Team BC Tryout/Excellence Development	Warm-Up (Handball - GSIS)
RLP	10-May-26	Sunday	11:30AM	12:30PM	Group 2 -U14 & U16	Team BC Tryout/Excellence Development	Man on / GSIS
RLP	10-May-26	Sunday	2:00PM	3:00PM	Group 2 -U14 & U16	Team BC Tryout/Excellence Development	Passing / Receiving