



**RINGETTE**  
BRITISH COLUMBIA

# ANNUAL REPORT



**2024 - 2025**

# TABLE OF CONTENTS

**MESSAGE FROM THE  
CHAIR & OPERATIONS  
DIRECTOR**

**3**

**ABOUT RINGETTE  
BC**

**5**

**COMPETITION  
HIGHLIGHTS**

**6**

**REGISTRATION  
HIGHLIGHTS**

**23**

**NRL BC THUNDER  
REPORT**

**10**

**REGIONAL  
SNAPSHOTS**

**24**

**PROGRAM  
HIGHLIGHTS**

**11**

**SOCIAL MEDIA  
HIGHLIGHTS**

**27**

**ICE HAWKS  
RINGETTE REPORT**

**19**

**THANK YOU**

**28**

**NANAIMO  
RINGETTE REPORT**

**20**

**BOARD & STAFF**

**29**

**COACH  
DEVELOPMENT**

**21**

**FINANCIAL  
OVERVIEW**

**31**

**OFFICIATING  
DEVELOPMENT**

**22**

**FUNDING & SPORT  
PARTNERS**

**32**

# MESSAGE FROM THE CHAIR & OPERATIONS DIRECTOR



Dear Ringette BC Community,

We're proud to share with you the 2024-2025 Ringette BC Annual Report, a reflection of a season filled with progress, celebration, and collective effort across the province.

This past year has been a meaningful one—not only in terms of the sport's development, but also in recognizing the individuals who breathe life into our community. Whether you're an athlete, coach, official, volunteer, administrator, or supporter, your time and energy are what make ringette in BC thrive. Thank you for your ongoing commitment and enthusiasm.

## 50 YEARS OF RINGETTE IN BRITISH COLUMBIA

One of the standout moments of the season was the celebration of 50 years of ringette in British Columbia. Together with the West Coast Ringette Historical Society and many dedicated alumni, we brought the past to life through commemorative events, display exhibits, and games that bridged generations of players. The familiar sights of vintage uniforms, classic equipment, and unforgettable stories created a strong sense of pride in how far we've come. It was a powerful reminder of the legacy we've inherited—and the one we're building for the future.

## STRENGTHENING OUR TEAM

As I conclude my term as Board Chair, I want to express my sincere appreciation for the opportunity to serve this community. Collaborating with the Ringette BC Board, our dedicated staff, and the broader membership has been an incredibly rewarding experience.

This season also marked some exciting additions to our team. We were pleased to welcome Susan Doucette as our Sport Operations Director, bringing expertise and leadership to our programs and services. We also welcomed Jeneca Bowering into the role of Sport Admin Coordinator, where she has quickly become an essential part of the day-to-day operations. We're also fortunate to have on board Megan Howes as our Provincials Program Manager, Amanda Pukalo as our Coaching and Officiating Manager, and Christina Burge as Administrative Assistant, respectively—their enthusiasm and dedication have made a noticeable impact this year.



## SEASON HIGHLIGHTS

The 2024–2025 season was a landmark year for Ringette BC, marked by significant milestones and community engagement:

- **50th Anniversary Celebrations:** Commemorating 50 years since the first ringette game in BC, the West Coast Ringette Historical Society was to host alumni games at events. These events featured games played under both historical and modern rules, celebrating the sport's evolution.
- **Provincial Championships:** The 2025 Zone & 18+ Provincial Championships were successfully hosted by the Coquitlam Moody Ringette Association, while the U12 Year End Event was held in West Kelowna, and the Club Provincials took place in Richmond. These events showcased the talent and dedication of athletes across the province.
- **Western Canadian Ringette Championships:** The 2025 Western Canadian Ringette Championships were held from March 26 to 29 in Langley, BC, hosted by the Fraser Valley Ringette Association. Top teams from British Columbia, Alberta, Saskatchewan, and Manitoba competed in the U14AA, U16A, U19A, and 18+ A divisions. Fraser Valley's 18+ A team earned a silver medal, while Team BC secured bronze in the U19A division.
- **Community Engagement:** The season saw increased participation and enthusiasm at all levels, reflecting the sport's growing popularity and the effectiveness of development programs.

## LOOKING AHEAD

As we move forward, Ringette BC is committed to building on this season's successes:

- **Strategic Planning:** Preparing for a strategic plan refresh in 2025 to align with the evolving needs of our community and the sport.
- **Inclusive Growth:** Continuing efforts to diversify participation and ensure inclusivity across all programs and events.
- **Enhanced Visibility:** Implementing targeted marketing strategies to raise awareness and attract new participants to ringette.
- **Heritage Preservation:** Ongoing collaboration with historical societies to honor and preserve the rich history of ringette in British Columbia.

Thank you for being an integral part of our journey. Your involvement—on the ice, behind the bench, or in the stands—makes ringette in BC more than just a game; it's a vibrant community. We look forward to another incredible season ahead!

Sincerely,

*M. Crawford*

Maria Crawford  
Chair, Ringette BC

*Susan Doucette*

Susan Doucette  
Sport Operations Director, Ringette BC





# ABOUT RINGETTE BRITISH COLUMBIA

## OUR VISION

That ringette is a popular sport played and enjoyed by people of all ages and abilities.

## OUR JOURNEY

Founded in 1976 from five original associations (Aldergrove, Langley, Port Coquitlam, North Shore Winter Club, and Vancouver), Ringette BC has grown to include over 2000 members, 22 associations, and 4 leagues. As the provincial sport organization responsible for ringette in British Columbia and a member of Ringette Canada, Ringette BC is committed to advancing the sport through athlete experience, inclusion, continuous improvement, and sport awareness.

## OUR MISSION

BC Ringette, along with our members & partners, supports a lifelong positive sport experience through skills, character & leadership development.

## OUR PLEDGE

Ringette BC is committed to fostering a culture of a safe and inclusive sport environment. This will be achieved through proactive policy development, the updating of existing policies/ guidelines along with professional development initiatives and the adoption of best sport practices. Ringette BC is committed to creating a sport environment that is accessible, inclusive, respects their participant's personal goals and is free from all forms of maltreatment.

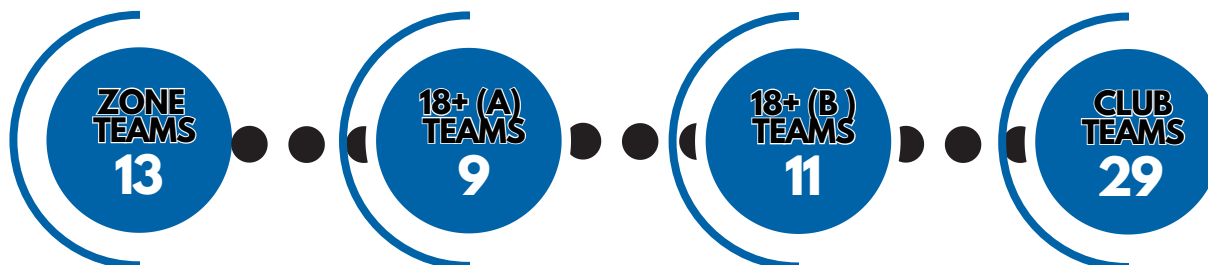
## OUR VALUES

Community Focus.  
Partnership. Integrity.  
Sportsmanship.  
Respect.

# COMPETITION HIGHLIGHTS

## PROVINCIAL CHAMPIONSHIPS

Ringette BC hosted two provincial championships events this season. **Coquitlam Moody Ringette Association** hosted the 2025 Provincial Zone and 18+ Championships, and **Richmond Ringette Association** hosted the 2025 Provincial Club Championships. Thank you to both associations for hosting these outstanding competitions this year.



## 2025 PROVINCIAL ZONE & 18+ CHAMPIONS



**GOLD - ZONE EAST** **SILVER - ZONE 6**  
**BRONZE - ZONE WEST 1**



**GOLD - ZONE 6** **SILVER - ZONE 5**  
**BRONZE - ZONE WEST**



**GOLD - ZONE 8** **SILVER - ZONE EAST**  
**BRONZE - ZONE WEST**



**GOLD - SRA** **SILVER - FVRA**  
**BRONZE - KRA**



**GOLD - PGRA** **SILVER - VRA**  
**BRONZE - WRA**



# 2025 PROVINCIAL CLUB CHAMPIONS



**GOLD - VRA** **SILVER - RRA** **BRONZE - CVRA**



**GOLD - CMRA** **SILVER - PCMRRA** **BRONZE - KRA**



**GOLD - TRA** **SILVER - CRA** **BRONZE - KRA**



**GOLD - SRA** **SILVER - BNWRA - 1** **BRONZE - TRA**



**GOLD - WRA** **SILVER - DRA** **BRONZE - GVRA**

## U12 YEAR END EVENT

Hosted by **Westside Ringette Association**, this event welcomed **22** teams from all across the province, including Vancouver Island, the Lower Mainland, Okanagan, and Northern BC.

## 2025 U12 YEAR END EVENT CHAMPIONS

### WHITE POOL

1st: GVRA - 1  
2nd: TRA - 1



### BLUE POOL

1st: KRA - 1  
2nd: RRA



### RED POOL

1st: GVRA - 2  
2nd: VRA - 2



### YELLOW POOL

1st: PGRA  
2nd: WRA - 2





# 2025 WESTERN CANADIAN RINGETTE CHAMPIONSHIPS

The Western Canadian Ringette Championships took place in Langley, BC from March 26 -29, 2025, hosted by **Fraser Valley Ringette Association**. BC was represented by **7** teams.



**18+ A FVRA** finished with a **silver medal**, while **18+ A Team BC** successfully claimed a **bronze medal** in their respective division.

## Skills Competition/All-Star Team Award Recipients

The following BC athletes were recognized during the banquet and awards ceremony:

- **Fastest Forward Skater** – Eve Russouw – [U16 Team BC]
- **Fastest Backwards Skater** – Jazmin Newcom – [U16 Team BC]
- **Fastest Goalie** – Regan Jones – [U16 FVRA]
- **Relay Challenge** – Mikaela Malito, Allison Saksono, Aveline Chris, and Regan Jones – [U16 FVRA]
- **Hardest Shot** – Sasha Davies – [U19 Team BC]

## All-Star Team Awards

- **16A All Star:** Eve Russouw – [U16 Team BC]
- **U19A All Star:** Thea Jeffrey – [U19 FVRA]
- **Open All Star:** Kim Dunn – [18+ A Team BC]
- **Open All Star:** Darrian Klimpke – [18+ A Team BC]
- **Open All Star:** April Davies – [18+ A FVRA]

# 2025 CANADIAN RINGETTE CHAMPIONSHIPS

The 2025 Canadian Ringette Championships took place in Ottawa, ON from March 30th – April 5th, 2025. Our **U16 Team BC finished 13th**, while both our **U19 Team BC and BC Thunder secured 12th** place finishes in their respective divisions.



## Skills Competition/All-Star Team Award Recipients

The following BC athletes were recognized during the awards ceremony:

**Hardest Shot:** Fionna Penner – **1st Place** – [U16AA]

**Fastest Skater:** Gemma Cerantola – **Top 5 Finish** – [U16AA]

**Goalie Skills and Agility:** Emma Kinar – **Top 5 Finish** – [U16AA]

**Accuracy Shooting:** Mikayla Williams – **Top 5 Finish** – [U19AA]

**Individual Agility:** Grace Philips – **Top 5 Finish** – [U19AA]

**NRL First Team All-Stars & Top Goalkeeper:** Sarah MacDonald [NRL]

# NRL BC THUNDER REPORT



*Dear Ringette BC Community,*

## **BC Thunder: Season Highlights 2024-2025**

The BC Thunder had a strong and determined season, finishing third in the Western Division. At the National Championship, the week began with a mini-game against Rive Sud from the Eastern Division. Unfortunately, in the second period, one of our top forwards, Emma Paradis, suffered a serious shoulder injury, forcing her to leave the game and ultimately ending her Nationals journey.

Despite this early setback, the team showed incredible resilience, generating multiple offensive rushes and quality scoring chances. The tightly contested game ended in an overtime loss. Injuries continued to impact the roster, with two additional athletes sidelined. This led to the recall of a player from our affiliate team. Even with these challenges, the Thunder remained highly competitive, giving their all in every game. However, the results didn't fall our way, and the injury toll peaked with the loss of our starting goalie during a must-win matchup.

While the final outcome wasn't what we had hoped—especially given our position as one of the favorites to medal—the program proved its strength, demonstrating an impressive balance between veteran leadership and a promising younger core.

Our Junior Program continues to play a crucial role in supporting U19 BC athletes and in developing talent for future advancement into the NRL program.

Financially, this was our most successful season to date. We remain well on track to meet our objective of running an affordable and sustainable program.

## **AWARDS & ACHIEVEMENTS**

The BC Thunder also celebrated major accomplishments this season, both on and off the ice.

A special congratulations goes to Sarah MacDonald, who earned the title of Best Goalie of the Year—a well-deserved recognition for her outstanding performance.

Our coaching team, led by Troy Takasaki, Rod Needham, Sasha Campbell-Mongeon, and Petra Ojarabta, was nominated for Coaching Team of the Year, highlighting their excellence in leadership, strategy, and mentorship.

We are incredibly proud of Isabelle Beech, a BC-born player, for being named to the Junior National Team Canada roster, alongside her teammate Marissa Dyck. These selections are a testament to the elite caliber of players developed through the BC Thunder Program.

**Eric Murphy, Owner/General Manager, NRL BC Thunder**





# PROGRAM HIGHLIGHTS

Participation in Children's Ringette increased by 5.41% this season.

## CHILDREN'S RINGETTE

Children's Ringette includes children between the ages of 4 to 9 years of age (U10 and below) and includes FUNdamentals 1, 2, and 3 (U10). It is the critical foundational base for youth ringette and determines, to a large extent, participation trends for future years. FUNdamentals is a critical opportunity to teach athletes not only the basic ringette skills, but basic physical literacy and Fundamental Movement Skills. Creating enjoyable experiences in FUNdamentals supports retention through to older age divisions, as well as recruitment and growth during the key years where families are seeking out positive physical activity experiences for their children.

Ringette Associations worked hard to retain and recruit players to participate in ringette within the Children's Ringette program through four key initiatives:

1. Gym ringette sessions at schools and community centers
2. Hosting Come Try Ringette events
3. Bring a Friend Events
4. Encouraging on-going registrations

The Children's Ringette program structure allows for new participants to join throughout the program. Bring a Friend sessions or combining a Come Try Ringette with a FUN 1 and 2 practice can help boost recruitment for Associations well into the fall and even early spring.



# COME TRY RINGETTE



This season, Ringette BC's Come Try Ringette (CTR) program engaged over **466** participants across **49** sessions throughout British Columbia. A significant portion of these participants went on to register for the upcoming season, demonstrating CTR's effectiveness as a recruitment tool for the crucial 12-and-under age category. By continuing to deliver high-quality, safe, and inclusive CTR events, we aim to further increase recruitment and bolster retention rates.

## GYM RINGETTE



Gym Ringette brings the excitement of ringette directly to students across BC, fostering a positive sporting experience and maximizing the benefits of physical activity.

Through our member clubs, Ringette BC facilitates introductory Gym Ringette programs in schools, providing trained instructors and all necessary equipment for age-appropriate activities from kindergarten to grade 7.

Ringette BC extends sincere appreciation to all the clubs that hosted Come Try & Gym Ringette events this season, along with their dedicated volunteers. Your collective efforts have introduced countless new players to the sport and are vital to ensuring the continued growth of ringette throughout British Columbia.



# EXCELLENCE RINGETTE



The Excellence Ringette program took to the ice again this season, building on the strengths developed over the previous three seasons.

**72** athletes participated in the athlete assessments that were hosted in the Lower Mainland, Kelowna, and Prince George and in 2024. From there **60** athletes screened into the program to participate in the Excellence Ringette Program with Ringette BC.

The program was led by Acting Provincial Programs Manager Megan Howes. In addition to Ringette BC staff, the program was led on the ground by Head Coaches Connie Chapman, David Penner, and Nicole Tjepkema, who were supported by an additional six coaches and the Integrated Support Team.

Together the coaches and the Integrated Support Team led athletes through three (3) in-person training camps that introduced athletes to the daily training environment of a high-performance team and provided them with tools, resources, training, and development to reach their individual athlete goals.



## PROGRAM COACHING STAFF

- ✓ Connie Chapman - Greater Victoria
- ✓ Jill Clapton - Fraser Valley
- ✓ Chris Cronmiller - Delta
- ✓ Sidney Crowe - Fraser Valley
- ✓ Kiera Hodge - Greater Victoria
- ✓ David Penner - Greater Vernon
- ✓ Dawn Savage - Fraser Valley
- ✓ Sami Tajbakhsh - North West Vancouver
- ✓ Nicole Tjepkema - Fraser Valley

## INTEGRATED SUPPORT TEAM

- Ringette Training Systems with Nicole Lark
- Mental Performance Training with Poonam Sandhu
- Power Skating with Mel Thomas Performance
- On and Off Ice Testing with Competitive Thread

## PROGRAM CURRICULUM:

**Athletes in Excellence Ringette were introduced to and taught:**

- Skills, strategies, and tactics aligned to the Winning Style of Play
- Goal setting and having a competitive mindset
- Mental performance training
- Skills sessions focused on offensive and defensive skills
- A fitness program designed to build over the season for optimal performance
- Personal improvement plans focused on self-awareness, reflection, and goal setting.



# TEAM BC RINGETTE PROGRAM



The 2024-2025 season marked another exciting chapter for Ringette BC's Team BC program, as our top U16 and U19 athletes demonstrated remarkable progress and resilience on the national stage.

This season, we celebrated incredible athletic growth, team camaraderie, and leadership that have solidified BC's reputation as a serious contender across Canada. The dedication of our coaches, managers, and support staff was instrumental in creating a positive environment that empowered our athletes to push their limits and shine.

As we reflect on this season's accomplishments, we're energized about the future. We remain committed to fostering athlete development, strengthening our team culture, and elevating BC's presence in the national ringette scene. To all our athletes—your dedication and passion inspire us, and we can't wait to see what the next season holds.

## U19 TEAM BC

|    |                       |     |                        |
|----|-----------------------|-----|------------------------|
| 15 | JOCELYN ATKINSON      | (C) | PRINCE GEORGE          |
| 19 | IZZY BABCOCK          | (C) | KELOWNA                |
| 8  | NERISSA BEEBY         | (D) | DELTA                  |
| 22 | PYKA BELL             | (D) | VANCOUVER              |
| 1  | SYDNEY DIAL           | (G) | FRASER VALLEY          |
| 13 | EVA EKHOLM            | (C) | DELTA                  |
| 14 | MYA FEHLER            | (D) | KELOWNA                |
| 3  | HAELEY KEEN           | (D) | DELTA                  |
| 27 | MICHELLE KOEBEL       | (F) | KELOWNA                |
| 18 | EMMA LAPP             | (F) | FRASER VALLEY          |
| 11 | GRACE PHILLIPS        | (F) | NORTH VANCOUVER        |
| 35 | 5 KHALIYA SAJAN       | (G) | BURNABY NEW WESTMISTER |
| 77 | PAYTON TJEPKEMA       | (D) | FRASER VALLEY          |
| 12 | ADAYA TOWNSEND        | (C) | FRASER VALLEY          |
| 10 | ZAIYA VAN BLIJENBURGH | (D) | BURNABY NEW WESTMISTER |
| 2  | MIKAYLA WILLIAMS      | (C) | DELTA                  |

COACHES

|                        |                 |                      |
|------------------------|-----------------|----------------------|
| <b>HEAD COACH</b>      | NICOLE TJEPKEMA | FRASER VALLEY        |
| <b>ASSISTANT COACH</b> | CONNIE CHAPMAN  | GREATER VICTORIA     |
| <b>ASSISTANT COACH</b> | SIDNEY CROWE    | FRASER VALLEY        |
| <b>ASSISTANT COACH</b> | SAMI TAJBHAKSH  | NORTH WEST VANCOUVER |

## U16 TEAM BC

|    |                   |     |                              |
|----|-------------------|-----|------------------------------|
| 9  | MIA BOWCOTT       | (D) | FRASER VALLEY                |
| 10 | RACHEL CAMPBELL   | (D) | WESTSIDE                     |
| 25 | GEMMA CERANTOLA   | (D) | PORT COQUITLAM RIDGE MEADOWS |
| 6  | TAZE CLAPTON      | (D) | FRASER VALLEY                |
| 24 | RIELLE GAUDETTE   | (C) | KELOWNA                      |
| 31 | KIELEE INGRAM     | (G) | GREATER VERNON               |
| 29 | EMMA KINAR        | (G) | CHILLIWACK                   |
| 4  | CHELSEA KOCH      | (F) | SURREY WHITE ROCK            |
| 16 | MAESA NICHOLSON   | (F) | FRASER VALLEY                |
| 8  | FIONA PENNER      | (C) | GREATER VERNON               |
| 20 | TALIA RAABE       | (C) | COQUITLAM MOODY              |
| 14 | RYLAN SAVAGE      | (D) | FRASER VALLEY                |
| 11 | PEYTON SIEDMANN   | (F) | GREATER VERNON               |
| 5  | MAELLE SNYDER     | (F) | FRASER VALLEY                |
| 17 | MACKENZIE STEWART | (D) | SURREY WHITE ROCK            |
| 9  | CASSIDY STUMPF    | (C) | HOUSTON                      |
| 7  | SYDNEY TJEPKEMA   | (C) | FRASER VALLEY                |

AFFILIATE PLAYERS

|    |                |     |                        |
|----|----------------|-----|------------------------|
| 23 | GILLIAN CHOI   | (F) | BURNABY NEW WESTMISTER |
| 5  | NATALIE CHOW   | (D) | VANCOUVER              |
| 12 | AVA LABBE      | (F) | FRASER VALLEY          |
| 23 | MIKAELA MALITO | (F) | DELTA                  |
| 15 | AVERY NIVEN    | (D) | HOUSTON                |

COACHES

|                        |              |                   |
|------------------------|--------------|-------------------|
| <b>HEAD COACH</b>      | JILL CLAPTON | FRASER VALLEY     |
| <b>ASSISTANT COACH</b> | KIRA HODGE   | VICTORIA RINGETTE |
| <b>ASSISTANT COACH</b> | DAVID PENNER | GREATER VERNON    |
| <b>ASSISTANT COACH</b> | DAWN SAVAGE  | FRASER VALLEY     |

# TEAM BC REPORT

## U19



“

From the first whistle to the final team huddle, this season with U19 Team BC was truly unforgettable. As the season draws to a close, we can reflect on all the memories and experiences that made this year's journey so special. Our team had the opportunity to compete in tournaments across the country, traveling beyond British Columbia to St. Albert, Saskatoon, Edmonton, Calgary, and Ottawa.

Although we were a smaller group of athletes compared to previous years, our team never let that hold us back. Every training camp, tournament, and moment spent with teammates was packed with energy and laughter. All the practices, fitness sessions, and video reviews shaped us into the players we are today. We learned and improved so much over the course of this season, and the connection we created with each other can never be replaced.

All of our hard work was showcased at the Canadian Ringette Championships in Ottawa, where each game was full of competition and intensity. From our parents' matching outfits to the cheers from the bench, the arena was filled with team spirit and energy. Our team gave our all and never gave up, even winning a thrilling game in overtime.

Playing for Team BC will always be one of the best decisions I've ever made, and I couldn't have asked for a better way to finish my U19 journey. A heartfelt thank you to our coaches, managers, and parents, whose dedication and support helped shape this season into one we will never forget. The final whistle has blown, but the bonds we built and the memories we created will last a lifetime.



**Mikayla Williams, Team BC U19 Athlete**

”

# TEAM BC REPORT

## U16



“

This season with U16 Team BC was an exciting and memorable experience. Our team fought through tough times and showed up ready to play every single time. One of our key moments was winning our first game together as a team in Saskatoon—a moment that truly reflected our perseverance! Through each player's commitment and dedication, both on and off the ice, we transformed into a strong and dynamic team. With every tournament and training camp, we continued to push ourselves, climbing toward our peak.

The advanced and intense style of ringette and competition from across the country made this year's Canadian National Championships a high-energy and challenging environment. It was rewarding and satisfying to see our team come together, unify, and play with grit, securing hard-fought victories. Our game against PEI in the elimination round was a highlight. Despite our busy week, we were able to explore Ottawa, including touring the Parliament Buildings, visiting the Notre Dame Cathedral Basilica, seeing the ByWard Market, and gathering for a team photo in front of the “OTTAWA” sign.

Our team's success was celebrated at the closing ceremonies, with two players securing top-five placements in Goalie Skills/Agility and Fastest Skater, as well as a top finish in Hardest Shot. We are all honored to have been given the opportunity to play with kind and skilled teammates, forging lifelong friendships. We thank the enthusiastic fans who stood by our side, cheering us on with Home Depot bucket drums and life-size orcas. They never underestimated our potential. Our team was made strong by team and staff dedication, unwavering player commitments, and the family sacrifices that brought our season to life. We will forever hold onto the incredible moments from this journey—the highs, the lows, and everything in between.



Fiona Penner Team BC U16 Athlete

”



# U14 TRAIN TO EXCEL PROGRAM



The U14 Train to Excel (T2E) program plays a crucial role in introducing young athletes to high-performance ringette, serving as a bridge between local play, U14 Zone and future participation in Excellence Ringette and Team BC at U16.

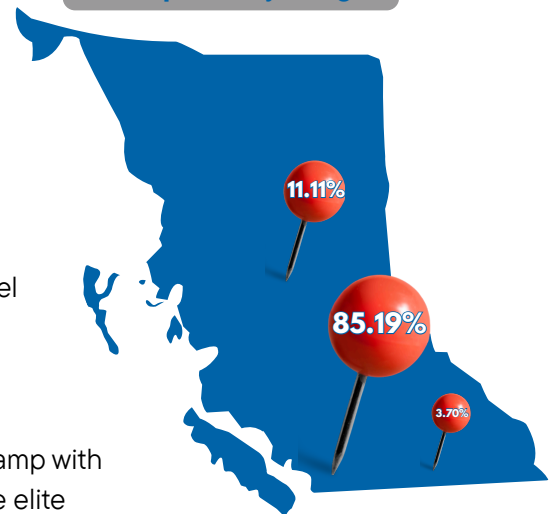
The U14 Train to Excel Program ran virtually this year with 27 athletes from across BC. The athletes took part in a comprehensive curriculum highlighting holistic athlete development, which covered critical areas for success both on and off the ice. Virtual learning sessions focused on foundational skills, including:

- High Performance athlete Q&A
- Mental performance
- Game Preparation
- Athlete nutrition and recovery
- Game intelligence
- Teamwork and situational awareness
- Ringette rules 101
- Off-season preparation
- Ringette pathway and goal setting

Following regional and game evaluations, virtual U14 Train to Excel program participants had the opportunity to try out for U14 Team BC at a selection camp held in Port Coquitlam in November.

A U14 Team BC roster was selected for the subsequent training camp with Team BC U16 and U19, (January 3-5) before competing at multiple elite tournaments. These competitions were comprised of: Calgary Golden Ring (January 17-19) and Spruce Grove Sweetheart (February 14 to 17) culminating at Western Canadian Ringette Championships (March 26-29).

## Distribution of U14 Train to Excel Program Participants by League



## PROGRAM COACHING STAFF

### HEAD COACH

✓ Mike Allan - Kelowna

### ASSISTANT COACH

✓ Jason Christensen - Langley

✓ Tam Cummings - Vancouver



U14 TEAM BC:

**Back Row (left to right):** Kaitlynn Bliss, Ayla Keen, Emi Fairchild, Lilianna Beatch, Ella Darby, Clara Burke, Alyah MacRitchie, Violet Christensen

**Front Row (left to right):** Adele Cummings, Isabel Thompson, Olli Bell, Mikaela Lo, Mikaela Soy, Rylee Nilsen, Makenna Smith

# U12 COMPETITION INTRODUCTION PROGRAM

Operating within the Lower Mainland Ringette League (LMRL) and Thompson Okanagan Ringette League (TORL), the U12 Competition Introduction (CI) Program provided a vital first step for young athletes exploring competitive ringette. Designed to ease the transition from foundational club play to future U14 Zone participation, the U12 CI Program aims to ignite a passion for the competitive side of ringette while developing key fundamental skills.

In support of this goal, the U12 CI program looked to empower athletes to master essential technical skills, following the U12 Skills Matrix: Learning to Train – Late Stage.



**The program emphasized skill development and progression toward:**

- Cushioning the ring
- Keeping the ring on the ice
- Basic individual skill-based offensive and defensive tactics
- Honing individual mental techniques to be a more effective teammate

This program strived to give athletes their first glance into the competitive world of ringette, providing athletes with a structured platform to explore, develop, and foster a lifelong love for the sport.

The U12 CI season concluded in a fantastic weekend of ringette at the Pacific Challenge Cup (February 7-9), where six (6) teams (3 TORL, 3 LMRL) came together for a fun and competitive event hosted by Ringette BC.

## 2025 U12 CI PACIFIC CHALLENGE CUP CHAMPIONS



**LMRL GOLD** 1<sup>ST</sup>



**TORL NORTH** 2<sup>ND</sup>



**TORL SOUTH 1** 3<sup>RD</sup>

# ICEHAWKS RINGETTE REPORT



*Dear Ringette BC Community,*

## ***Ice Hawks Youth Honoured by Drumming and Singing***

In March 2025, participants from the Skwá and Cheam First Nations were honoured by their families, Elders, and ringette coaches with drumming and singing to mark their achievement of completing their ringette season.

26 youth and their families had been participating in the first ever Indigenous Ringette Pilot Project, an 16-week ringette program in Chilliwack that introduces Indigenous youth to ringette in a low-barrier, inclusive, mixed ability and culturally safe environment. As part of the program, each participant was assigned a full set of ringette gear, and received skate rentals, a weekly ice time, snacks, and ringette instruction at no cost to them or their family.

This season marked the first time the youth were able to play with a set of protective ringette equipment as a result of a grant from Ringette Canada. Funding support for the program also came from Skwá First Nation's youth program, the BC Community Gaming Fund, and the Indigenous Sport and Recreation Council (iSPARC).

The program grew out of a collaborative relationship between ringette volunteers and Skwá First Nation over several years. The 2024-25 season was made possible due to a dedicated team of coordinators and instructors including Shannon Bettles, Elia Lockhart, Stella James, Dyan and Mike Kinar, Sidney Crowe, Tracy Townsend, Lily Townsend, Emma Kinar, Phil Chris, Aveline Chris, and Breanna Josephine.

Looking ahead, the program is excited to share the news that it has become a registered non-profit ringette association with a mandate to provide accessible ringette opportunities for Indigenous and equity-deserving participants. It will be developing its program further, training Indigenous coaches, and sharing learnings with other mixed-ability and Indigenous ringette programs.

In the next few months, a case study of the program being compiled by the Sport Information Research Council (SIRC) will be published and a t-shirt fundraising campaign will be launched by Ringette Canada with proceeds going towards supporting the new Ice Hawks Ringette Association.

**Shannon Bettles, Chilliwack Ringette Association**

**Photos By: Matthew Hawkins**



# NANAIMO RINGETTE REPORT



*Dear Ringette BC Community,*

## ***Nanaimo Ringette: A Year of Growth and Community Spirit***

Over the past year, we have been dedicated to bringing ringette, a sport we all love back to Nanaimo. It has been two decades since Nanaimo has had a ringette team and the community support has been immense. A few emails were sent, social media posts were made and suddenly, we had enough players to form an open team. Our community and Ringette BC have been major contributors to the rapid growth of Nanaimo ringette.

In the past year, we have reached many milestones that include but are not limited to, regular ice times, come try ringette and fundraiser events and playing in our first tournament. We were a recipient of the Ringette Canada community activation grant, which allowed us to start an equipment bank for come try events and team ice times.

The response we received from members in the community was significant, from individuals who have never heard of ringette to those who played for Nanaimo ringette teams many years ago. We are grateful for this opportunity and has driven us to begin creating a Nanaimo ringette association. Our goal is to grow our athletic community, strengthen Vancouver Island ringette and to provide more opportunities for girls and women in sports.

Thank you to all our supporters,

**Rachel Tillack, Nanaimo Ringette Association**

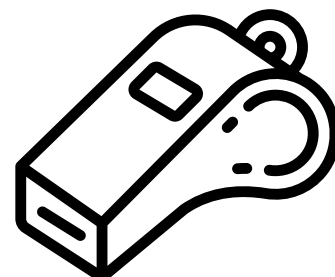
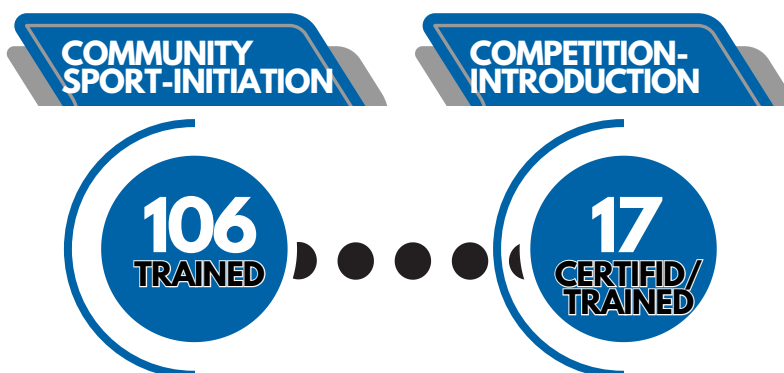
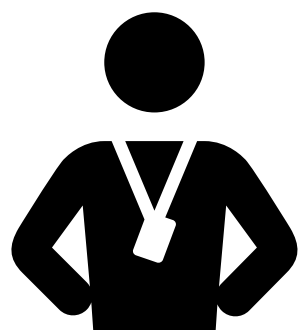
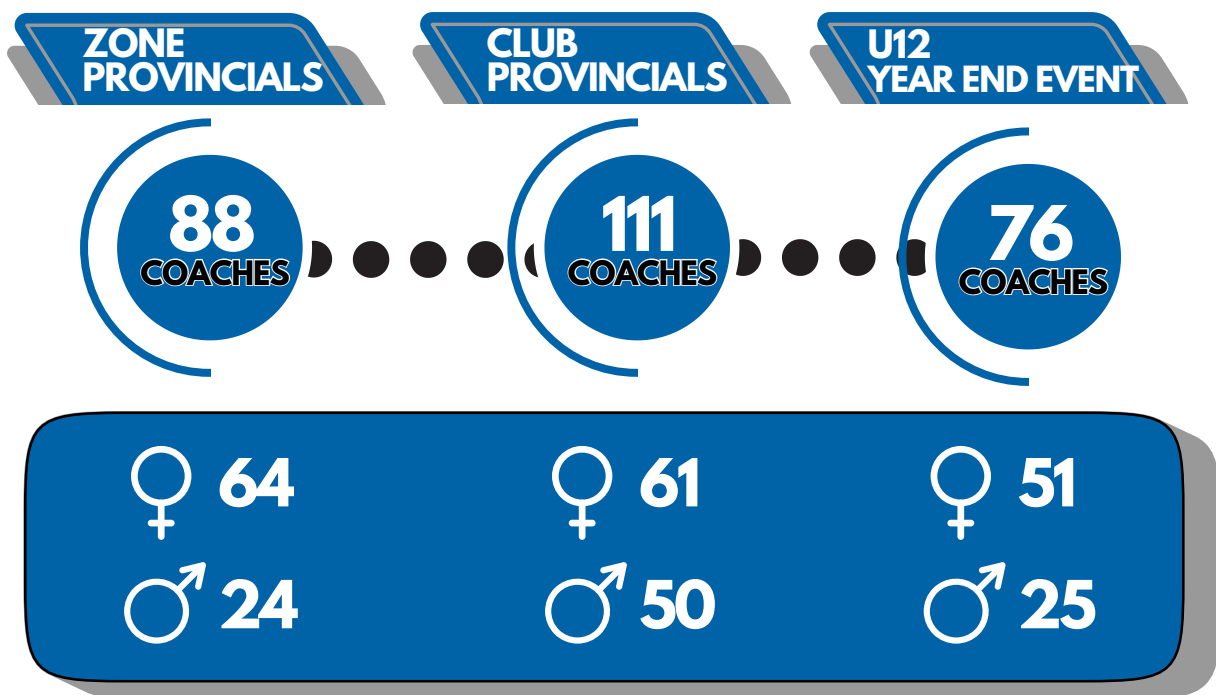
# COACH DEVELOPMENT



National  
Coaching  
Certification  
Program

For the 2024-2025 season we had **614** coaches, trainers, and on-ice helpers participate across all divisions. Of this total, **379** were individuals in coaching roles.

Over the course of the 2024-2025 season, BC held **10** Community Sport Initiation (CSI) clinics and **3** Competition-Introduction (CI) clinics across the province, training a total of **106** new CSI coaches and **17** new CI coaches, contributing to the ongoing growth and development of ringette in the province.



# OFFICIATING DEVELOPMENT



For the 2024-2025, there were **116** active officials throughout the province.

♀ **78** ♂ **38**

Ringette BC is dedicated to supporting officials at every stage of their development and continues to invest in new officials. Level 1 officiating clinics trained **58** new officials this season, ensuring a strong foundation for the future of officiating in the province. A comprehensive training pathway also allows officials to progress through the levels, enhancing their skills and contributing to the sport.



## BC OFFICIALS AT WCRC'S

### On-Ice

Derrick Doige (GVRA)  
Miya Bieber (GVRA)  
Ian Hawes  
Megan Parsons (PCRMRA)  
Meagan Jewell (PCRMRA)  
Marren Garcia (SWRRA)  
Randy Wall (BNWRA)

### Officials Supervisors

Evan Sharp (NWWRA)  
Melanie Stewart (PCRMRA)

## BC OFFICIALS AT CRC'S

### On-Ice

Megan Howes (FVRA)  
Teri-Lynn Sudom (PCRMRA)  
Tamara Hyska (NWWRA)  
Evan Sharp (NWWRA)  
Melanie Stewart (PCRMRA)

### Officials Supervisor

Jaki Leckman (BNWRA)

### Shot Clock Operator

Kevin Braithwaite (FVRA)



**116  
ACTIVE  
OFFICIALS**



**58  
NEW  
OFFICIALS**



# REGISTRATION HIGHLIGHTS

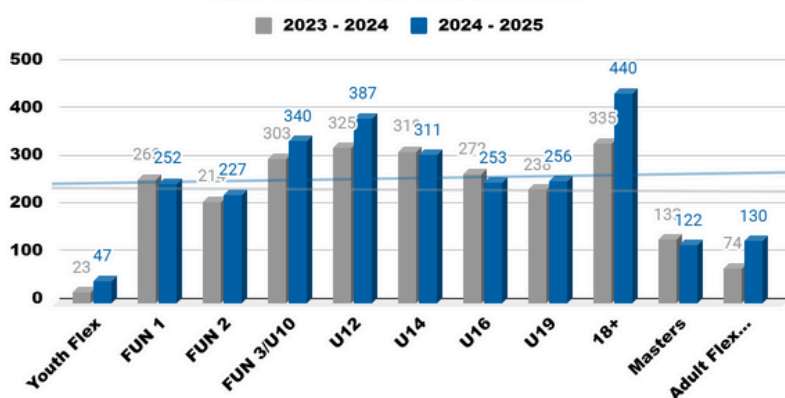
## 2024 - 2025 SEASON REGISTRATION

Ringette BC is currently holding a total membership of **2765** athletes which is a **13.42%** increase from last season.

The most notable increases were observed in the **Adult Flex** division, which experienced a remarkable **75.68%** growth over the previous season. The **18+** division also saw a significant rise of **31.34%**, while the **U12** division experienced a **19.08%** increase in registrations. These trends reflect strong engagement and expanding participation across key age groups.

Notable declines were observed across several divisions, with the **Masters (30+)** level experiencing the most significant decrease of **8.27%**. The **U16** division saw a **6.97%** decline, followed by **FUN 1** with a **3.08%** decrease, and **U14** with a **2.51%** reduction. These trends highlight areas for potential focus and growth moving forward.

REGISTRATION BY AGE CATEGORY



**2765**  
ATHLETES IN  
2024 - 2025

This year, **Ice Hawks Ringette** and **Nanaimo Ringette** will look to join our growing family. Ice Hawks Ringette, part of our Indigenous Pilot Project, celebrated a milestone season, highlighting their commitment to providing accessible, inclusive and community-based sport opportunities for Indigenous and equity-deserving participants. Additionally, Nanaimo is rebuilding its ringette community, with the aim to grow their athletic community and strengthen Vancouver Island Ringette. We're excited to support their continued growth!

# REGIONAL SNAPSHOTS

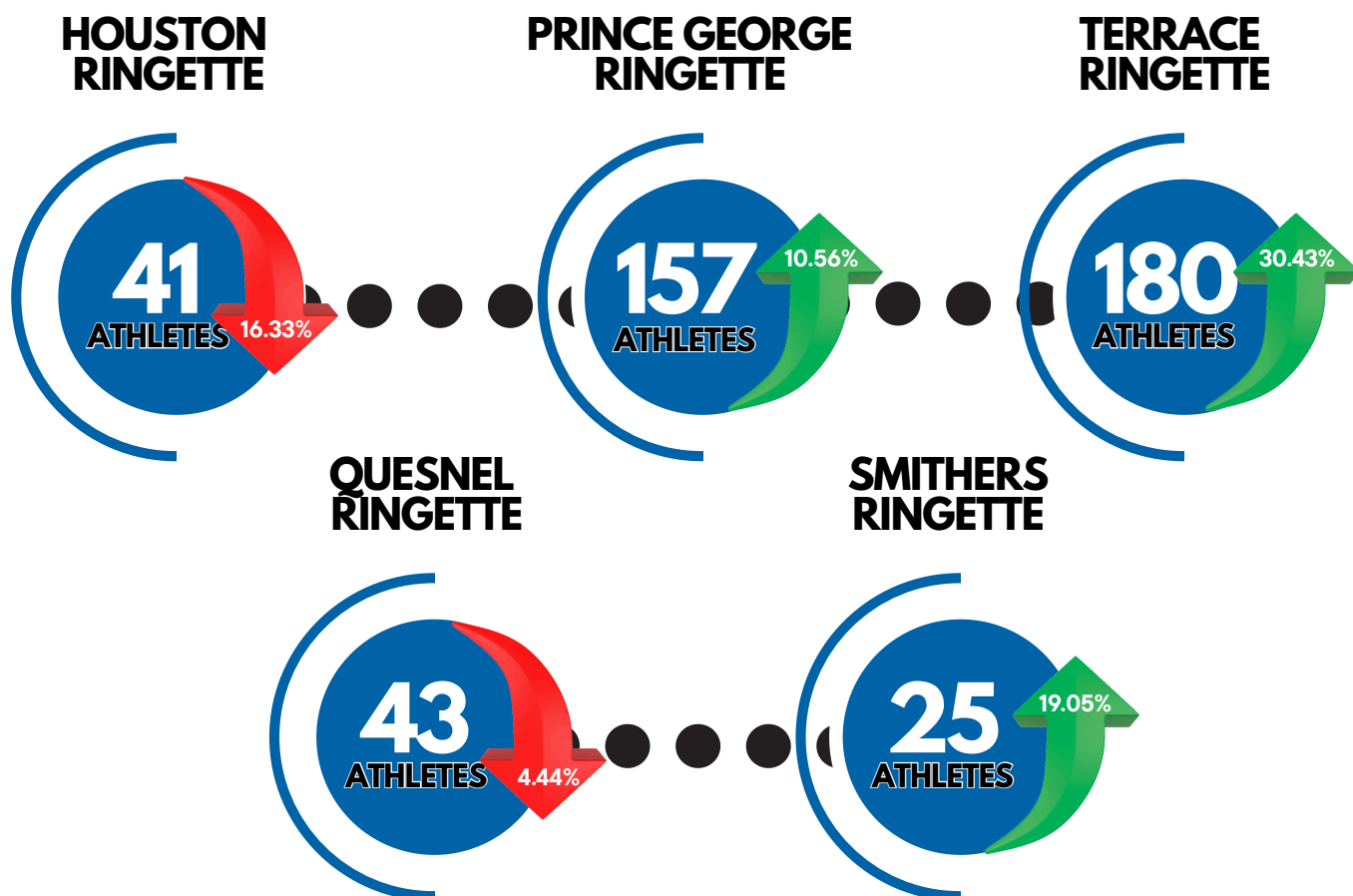


## NORTHERN RINGETTE LEAGUE (NRL)

The Northern Ringette League (NRL), representing BC Winter Games Zones **7** and **8**, includes five (5) ringette associations: **Houston, Prince George, Terrace, Quesnel, and Smithers.**

For the 2024-2025 season, the NRL had a total of **444** athletes, marking a **25.07%** increase from the previous season. The league continues to play a vital role in growing ringette in northern British Columbia and providing development opportunities for athletes in these communities.

### RINGETTE ASSOCIATIONS



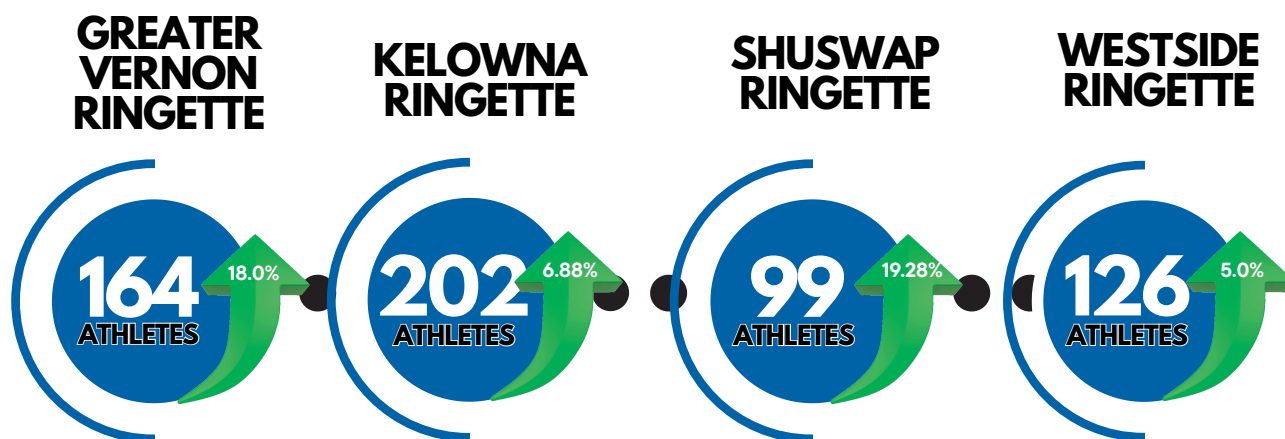
# THOMPSON OKANAGAN RINGETTE LEAGUE (TORL)



The Thompson Okanagan Ringette League (TORL) encompasses BC Winter Games Zone **2** and Ringette BC Zones **5** (Vernon/Salmon Arm) and **6** (Kelowna/West Kelowna). The league includes four (4) associations: **Greater Vernon, Kelowna, Shuswap, and Westside.**

For the 2024-2025 season, TORL proudly hosted a total of **591** athletes, reflecting a **11.3%** increase from the previous season. The league continues to play a vital role in fostering growth and community engagement in the Thompson Okanagan region.

## RINGETTE ASSOCIATIONS



# VANCOUVER ISLAND RINGETTE LEAGUE (VIRL)

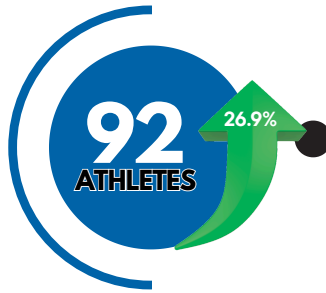


The Vancouver Island Ringette League (VIRL), comprised of two (2) associations—**Comox Valley Ringette** and **Greater Victoria Ringette**—continues to promote the growth of ringette on Vancouver Island.

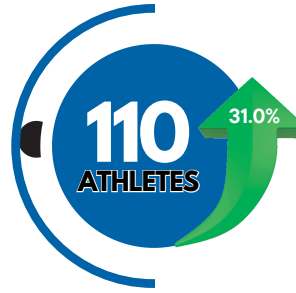
For the 2024-2025 season, the league saw a total of **202** athletes—a **30.32%** increase from the previous season—underscoring the league's expanding community and enthusiasm for the sport.



## COMOX VALLEY RINGETTE



## GREATER VICTORIA RINGETTE



## LOWERMAINLAND RINGETTE LEAGUE (LMRL)

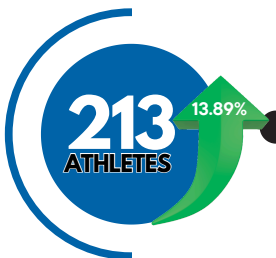
The Lower Mainland Ringette League (LMRL), encompassing BC Winter Games Zones **3, 4, and 5**, as well as Ringette BC Zones **1, 2, 3, and 4**, continues to foster growth across the region. The league includes ten (10) ringette associations spanning from the **North Shore to the Fraser Valley, Richmond, and Delta**.



For the 2024-2025 season, the LMRL saw a total of **1,510** athletes—an increase of **11.19%** compared to last season—highlighting steady growth and ongoing community engagement in the sport.

## RINGETTE ASSOCIATIONS

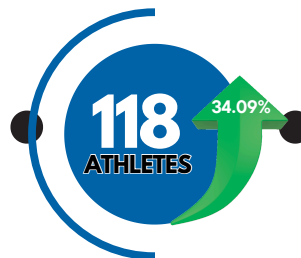
### BURNABY-NEWWEST RINGETTE



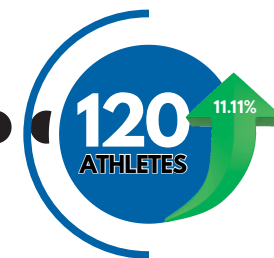
### COQUITLAM-MOODY RINGETTE



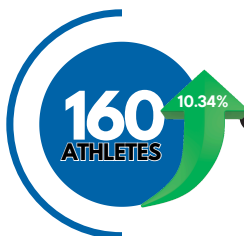
### CHILLIWACK RINGETTE



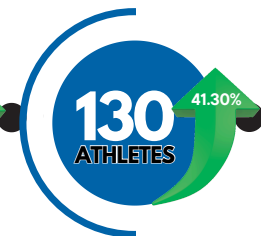
### DELTA RINGETTE



### FRASER VALLEY RINGETTE



### NORTH WEST VANCOUVER RINGETTE



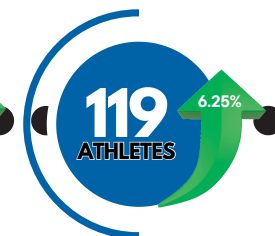
### PORT COQUITLAM RIDGE MEADOWS RINGETTE



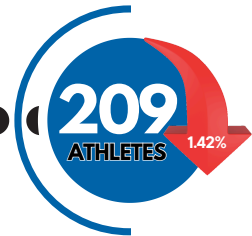
### RICHMOND RINGETTE



### SURREY WHITE ROCK RINGETTE



### VANCOUVER RINGETTE



# SOCIAL MEDIA HIGHLIGHTS

Ringette BC remains dedicated to engaging athletes, parents, officials, volunteers, coaches, and supporters across our social media platforms. This season, we've seen continued growth in our reach and followers, reflecting the vibrant and expanding ringette community. Thank you for your ongoing support and for staying connected with us online throughout the 2024-2025 season.

@Ringette\_BC



|              |              |               |   |
|--------------|--------------|---------------|---|
| VIEWS        | <b>437K</b>  |               |   |
| REACH        | <b>37.3K</b> | <b>225.2%</b> | ↑ |
| INTERACTIONS | <b>5.6K</b>  | <b>100%</b>   | ↑ |
| VISITS       | <b>11.4K</b> | <b>17.6%</b>  | ↓ |
| FOLLOWERS    | <b>2.1K</b>  | <b>40%</b>    | ↑ |



|              |               |              |   |
|--------------|---------------|--------------|---|
| VIEWS        | <b>204.3K</b> |              |   |
| REACH        | <b>46K</b>    | <b>6.1%</b>  | ↑ |
| INTERACTIONS | <b>5.9K</b>   | <b>44.3%</b> | ↓ |
| VISITS       | <b>14.6K</b>  | <b>27%</b>   | ↓ |
| FOLLOWERS    | <b>1.6K</b>   | <b>6.67%</b> | ↑ |



@RingetteBC

# THANK YOU



## A Heartfelt Thank You to Our Ringette BC Community

As we reflect on the 2024-2025 season, we want to express our deepest gratitude to every member of the ringette community — players, coaches, volunteers, officials, and supporters — whose passion and dedication made this season truly special. Keeping ringette thriving in BC has always been a collective effort, and it's your energy, commitment, and spirit that drive our sport forward. This season was marked by growth, achievement, and fierce competition—testament to the strength of our vibrant ringette family. To all our Member Associations: thank you for your ongoing commitment to making ringette fun, safe, and welcoming for everyone involved. Your efforts are the foundation of our continued success. Here's to another incredible season, and to the momentum we'll carry into the future — together!

## OUR MEMBERS

Ringette BC and our Member Associations live, work, and play ringette throughout the province and we acknowledge the traditional territories and traditions of 198 Indigenous nations which make up British Columbia.

## OUR MEMBERS

Burnaby New West Ringette Association  
Chilliwack Ringette Association  
Comox Valley Ringette Association  
Coquitlam–Moody Ringette Association  
Delta Ringette Association  
Fraser Valley Ringette Association  
Greater Vernon Ringette Association  
Greater Victoria Ringette Association  
Houston Ringette Association  
Kelowna Ringette Association  
Northwest Vancouver Ringette Association  
Port Coquitlam Ridge Meadows Ringette Association

Prince George Ringette Association  
Quesnel Ringette Association  
Richmond Ringette  
Surrey White Rock Ringette Association  
Shuswap Ringette Association  
Smithers Ringette Association  
Terrace Ringette Association  
Vancouver Ringette Association  
Westside Ringette Association  
**Vancouver Island Ringette League**  
**Lower Mainland Ringette League**  
**Northern Ringette League**  
**Thompson–Okanagan Ringette League**

Across the province, our club associations and leagues thrive thanks to the dedicated volunteers who lead and manage every aspect of the sport — from coaching and team management to administration, tournament planning, and everything in between. Without their tireless dedication, ringette could not flourish in communities across British Columbia. This season and every season, we celebrate and thank all our volunteers for your incredible efforts in bringing ringette to youth and adults alike.

# BOARD & STAFF

## 2024 - 2025 RINGETTE BC BOARD OF DIRECTORS



**MARIA CRAWFORD**  
CHAIR - DELTA



**MIKE ALLEN**  
DIRECTOR - KELOWNA



**TANYA BRAITHWAITE**  
DIRECTOR - FRASER VALLEY



**GIEBETTE COOPER**  
DIRECTOR - TERRACE



**JODY EWART**  
DIRECTOR - PORT COQUITLAM



**OLIVER TAYLOR-  
HAWES**  
DIRECTOR - VICTORIA



## 2024 - 2025 RINGETTE BC STAFF



**SUSAN DOUCETTE**  
SPORT OPERATIONS  
DIRECTOR



**MEGAN HOWES**  
ACTING PROVINCIAL  
PROGRAMS MANAGER



**AMANDA PUKALO**  
OFFICIATING & COACHING  
MANAGER



**JENECA BOWERING**  
SPORT ADMIN  
COORDINATOR

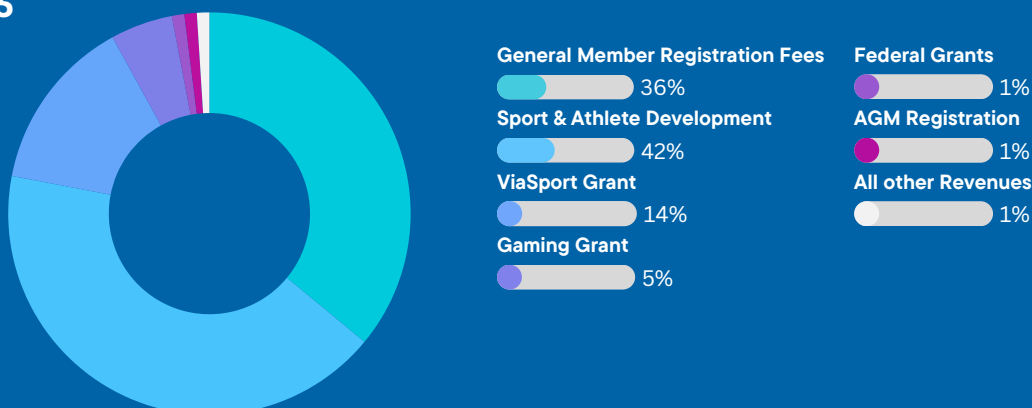


**CHRISTINA BURGE**  
ADMINISTRATIVE  
ASSISTANT

# FINANCIAL REPORT

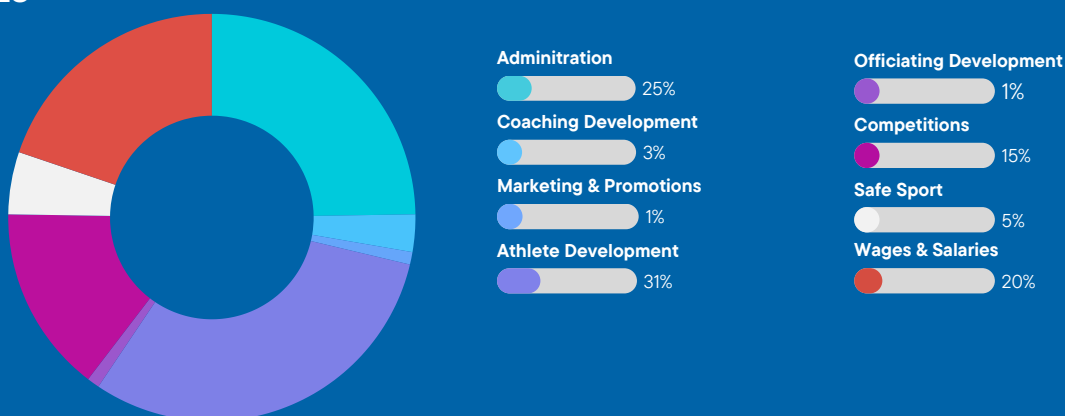
In 2024-2025, Ringette BC's revenue stream was diversified across various sources. Sport and athlete development, along with general membership registration fees, comprised the majority of revenue. Provincial funding through ViaSport and community gaming grants also contributed substantially, enabling the organization to support athlete and coach development, competition programming, and administrative operations. Annual revenue is crucial for sustaining the entire Ringette BC ecosystem, from insurance and Ringette Canada fees to supporting athletes, coaches, officials, quality programs, and essential operational needs.

## REVENUE 2024-2025



Ringette BC actively pursues grant opportunities each year to enhance program accessibility, foster athlete development, and expand the reach of our sport. These strategic funding efforts enable us to deliver innovative programs, support coaching and officiating excellence, engage with diverse communities, and ultimately, make ringette more affordable and inclusive for all.

## EXPENSES 2024-2025



Ringette BC is committed to sound financial management, ensuring that membership investments directly support the continued growth and success of ringette in British Columbia

# FUNDING & SPORT PARTNERS



## TEAM BC SPONSORS - THANK YOU!

Bettles Design  
Coldwell Banker Horizon Realty  
Cronin Ortho  
Dr. Budd and Dr. Yen Dental Corp  
(Budd Orthodontics)

Jan's Autobody  
Kaltire  
McDonalds  
OA JVR Dental

Rocky Point Engineering  
Seaspan  
Smashed Seaglass Designs  
Tri City Endodontics  
Unami Crave The 5th