

TO: Ringette BC League and Club Association Presidents  
FROM: Ringette BC  
SUBJECT: Ringette BC 1.10 General Sport Rules  
DATE: January 14, 2025

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Dear Ringette BC League & Club Association Presidents,

This memo is to provide clarity to our membership on the [Ringette BC 1.10 General Sport Rules Policy](#) as it relates to the rostering of Under Age and Over Age players on teams in the U12 to U16 divisions.

**Tournaments:**

- 1) Coaches/Managers are to notify tournament coordinators of any Under Age/Over Age players on their team's roster.
- 2) If a team with Over Age player(s) is scheduled to play against a team with Under Age players, Tournament Coordinators will determine which of the Under Age or Over Age player(s) must not participate.

**League & Exhibition Games:**

- 1) Coaches/Managers are to contact the opposing team in advance of the scheduled game if they have Under Age or Over Age players on them
- 2) a) If the approved movement of Under Age or Over Age players was necessary for critical team formation, those players will be eligible to participate in the event. However, the opposing team's Under Age or Over Age players will be excluded from playing against that team.  
  
b) If the approved movement of Under Age or Over Age players was not for critical team formation, the coaching staff of both teams must ensure that player participation is alternated fairly, with different players sitting out for each game.
- 3) A team with both Under Age and Over Age players on its roster may not have these players participate in the same game.

Sincerely,

Susan Doucette  
Sport Operations Director  
Ringette BC